

- flat growing with thick, succulent leaves & a thick stem

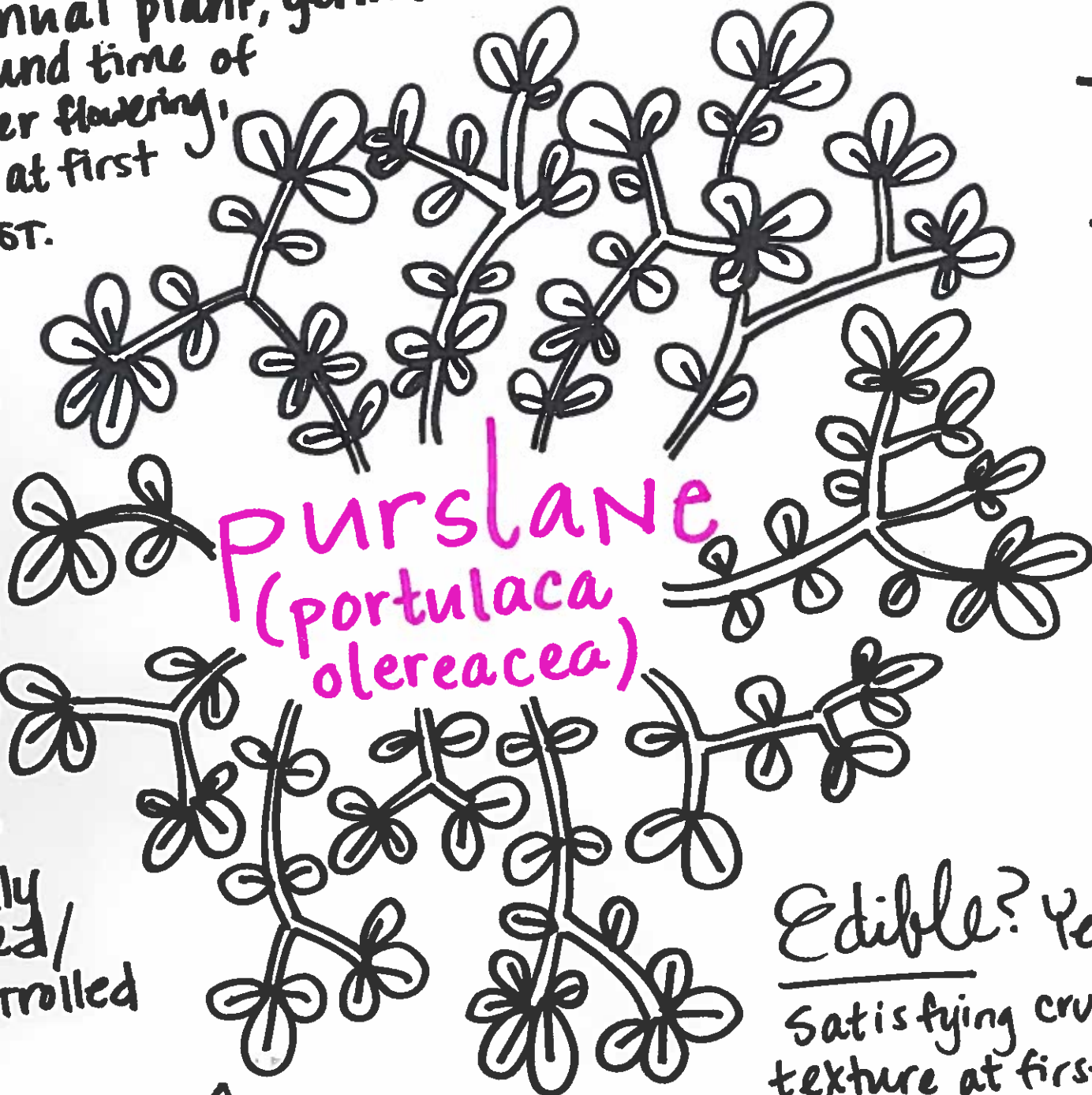
- grows best in dry places (sand, gravel) but also in gardens

- annual plant, germinates around time of clover flowering, dies at first frost.

Leaf edges have purplish or reddish tinge depending on nutrient status of soil!

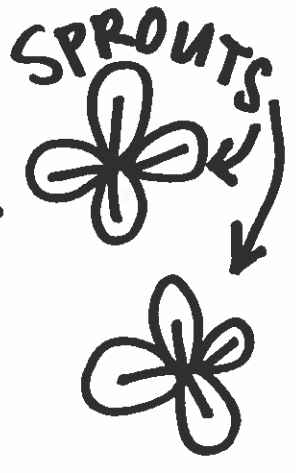
- Easily pulled/controlled

- Beloved in many cultures!



# Purslane (Portulaca oleracea)

See recipe for YOGURT + PURSLANE SALAD IN BACK!



Edible? Yes!

Satisfying crunchy texture at first bite, juicy/slimy inside & slightly sour taste.

Nutritional benefits:  
omega-3 fatty acids, high beta-carotene & good levels of magnesium + potassium